



eforea™
SPA



emerge
brighter

Eforea Spa at Hilton Los Cabos Beach and Golf Resort is a place like no other where you will reconnect with yourself and emerge brighter.

Massage Therapies

Custom Massage

50 or 80 MIN

Lead the way! Designed for your personal needs by our professional consultant, your preferred technique, pressure and rhythmic movements will soothe your body and mind. Pregnancy massage available.

Sports Massage

50 or 80 MIN

Stay active. For devoted athletes and other active bodies, this massage is designed to promote muscular repair, soothe overworked muscles, enhance flexibility and increase stamina.

Aroma Wellness Massage Ceremony

50 or 80 MIN

A sensorial experience that more than being a ceremony, is a journey to deep relaxation and wellbeing.

Select your wellness intention from our essential and nourishing herbal oil blends and your treatment experience will be customized to your needs.

Elemental Balancing Massage

80 MIN

This warm herbal and essential oil well-being massage calms the nervous system and restore balance of your elemental constitution. A vital energy points treatment for the face leaves the skin radiant and the senses awakened. Nourish your whole being with this beautiful, exotic experience.



Massage Therapies

Swedish Massage

50 or 80 MIN

Rhythmic and harmonious massage techniques are brought together to relax the mind, reduce stress, ease muscle stiffness and improve blood circulation.

Deep Tissue Massage

50 or 80 MIN

A therapeutic massage that uses slow and deep pressure techniques to release build up stress, knots and adhesions on the deeper tissues, realigning muscles and connective tissue, relieving chronic aches, pains and increase joint mobility.

Reflexology Massage

50 MIN

Targeted to points on the feet that correlate to the body's systems, deep pressure handwork releases natural healing energies from the toes up.

Skin Care

Agave Organic Facial

50 MIN

Natural recipe with Certified Organic Blue Agave Extract, professionally formulated with soothing, refreshing, curative ingredients.



Salon

Nails

Classic Manicure

50 MIN

Includes exfoliation, nail shaping, cuticle care, massage and polish application.

Eforea Manicure

80 MIN

Our classic Manicure with a luxurious mask that nourishes, softens and even out skin tone.

Classic Pedicure

50 MIN

Includes exfoliation, buffing, nail shaping, cuticle care, massage and polish application.

Eforea Pedicure

80 MIN

Our classic pedicure with a hydrating foot mask for those feet that need a little extra nourishment for feeling soft and smooth.

Hair

Men's Haircut / Women's
Haircut Blowout
Up do-Style

Kids

Custom Massage

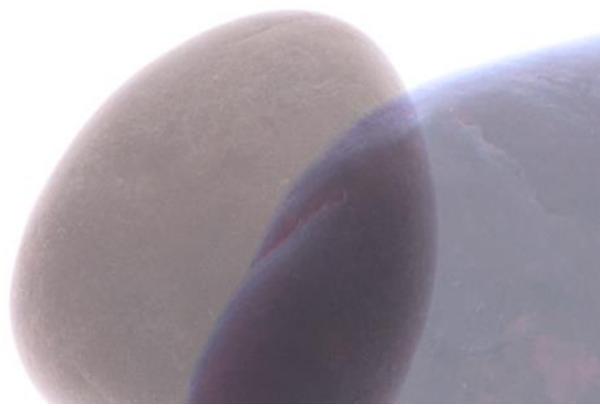
25 or 50 MIN

Mini-Mani

25MIN

Mini-Pedi

25MIN



Commitment with our Guests and Spa Guidelines

The safety of our guests is our top priority. We are committed to providing experiences and services that meet the highest sanitation and hygiene standards in the spa industry and our state, local and regulatory guidelines relating to sanitation and hygiene.

To enjoy your experience to the fullest, we ask that guests be aware of the following standards and requests to help us ensure your safety and comfort as well as that of other guests and spa employees.

Refraining from visiting the spa if you have a fever or communicable illness.

Respecting the spa's sanitation and hygiene standards and processes posted within the spa.

Washing hands for a minimum of 20 seconds prior to beginning each treatment/service.

Sharing special sanitation or hygiene requests prior to arriving at the spa.

The spa environment is one of tranquility and relaxation.

In consideration of other spa guests, guests are asked to speak in a quiet voice and switch off mobile phones and digital devices.

If using headphones, the volume level should not be audible to other guests.

The spa is a non-smoking zone.

All therapists are well trained and highly professional. Unless you state your preference, bookings are scheduled with the first available spa therapist.

Guests of eforea must be at least 16 years of age to use the facilities.

Treatments are available for guests under the age of 18, only when accompanied by an adult.

Arrivals

Treatments are carefully and planned to accommodate every client supporting social distancing, therefore we require that all guests arrive at the time provided by the Spa Concierge at the time of reservation. The use of heat and water experiences such as steam room or Jacuzzi are unavailable at the moment due to the maximum capacity of guests in our areas.

Late arrivals will be finished within the scheduled treatment time while the fee will remain unchanged.



Spa Amenities

Upon arrival all guests will be supplied with a face mask, bathrobe, sandals and a locker for personal belongings. All guests must wear the face mask while at the Spa and during the Spa service except during the massage time facing down.

Towels are offered throughout the spa and disposable underwear is available.

A variety of toiletries is available upon request with your locker attendant.

Cancellations

Cancellations must be received at last 6 hours prior to the appointment time to avoid full-service charge. Should you feel unwell or develop any symptoms within 24 hours of your appointment, the cancellation charge will be waived, as the wellbeing of our guests is our priority. If you are unsure whether to attend your appointment, please call the spa so we can advise you.

If traveling by air, appointments should be scheduled at least six hours after the expected arrival time in case of flight delays.

Loss or Damage

The spa cannot be responsible for any loss or damage to personal items and valuables during the visit. Guests should refrain from bringing valuables.

Please contact Spa reception for more information on our Wellness and Fitness Program.

Prices are subject to change without notice. All prices are listed in US Dollars and are subject to a 15% service charge and 16% of Mexican mandatory tax.

Services are subject to a 20% service charge for groups of 3 or more people.

Gift Certificate Terms and Condition

Eforea spa gift certificates are valid only for spa treatments and services and may not be redeemed elsewhere at Hilton Los Cabos Beach & Golf Resort.

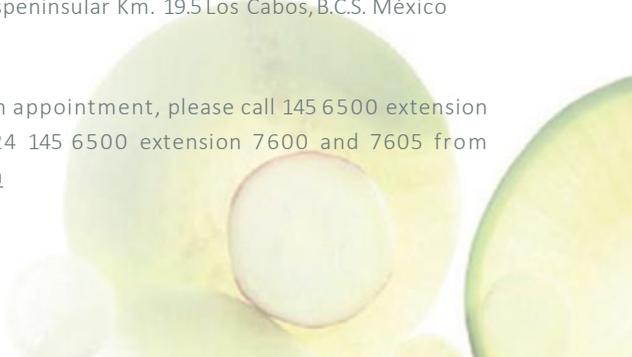
Gift certificates are non-refundable and non-transferable and have no cash value. Certificate must be rendered at time of service.

Treatments and services are by appointment only.

eforea spa

Hilton Los Cabos Beach & Golf Resort Carretera Transpeninsular Km. 19.5 Los Cabos, B.C.S. México 23447. HiltonLosCabos.com

Should you have any questions or wish to schedule an appointment, please call 145 6500 extension 7600 and 7605 in the Los Cabos area, or 011 52 624 145 6500 extension 7600 and 7605 from outside of México or email: SJDLC_eforea@hilton.com



TREATMENT	DURATION	PRICE	DURATION	PRICE
Massage Therapies				
Custom Massage	50 MIN	\$130.00	80 MIN	\$175.00
Sports Massage	50 MIN	\$130.00	80 MIN	\$175.00
Aroma Wellness Massage Ceremony	50 MIN	\$130.00	80 MIN	\$175.00
Elemental Balancing Massage			80 MIN	\$180.00
Swedish Massage	50 MIN	\$130.00	80 MIN	\$175.00
Deep Tissue Massage	50 MIN	\$130.00	80 MIN	\$175.00
Reflexology Massage	50 MIN	\$130.00		
Skin Care				
Agave Organic Facial	50 MIN	\$135.00		
Salon				
Classic Manicure	50 MIN	\$45.00		
Eforea Manicure			80 MIN	\$55.00
Classic Pedicure	50 MIN	60.00		
Eforea Pedicure			80 MIN	\$75.00
Women's Haircut		\$50.00		
Men's Haircut		\$30.00		
Hair Blow out		\$65.00		
Up do style		\$95.00		
Kids				
Custom Massage	25 MIN	\$70.00	50 MIN	\$95.00
Mini Mani	25 MIN	\$30.00		
Mini Pedicure	25 MIN	\$40.00		

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 Services are subject to a 20% service charge for groups of 3 or more people.